

Since we have no books of our own, our meeting's group conscience is that a chair may use a reading from any recognized/major 12 Step program's approved literature.

These are the most used resources in Work-Anon meetings:

Daily readers are often used for chairing meetings because the readings are short and easily searched by topic. Some frequently used ones in Work-Anon are:

- *One Day at a Time* (Al-Anon daily reader)
- *The Courage to Change* (Al-Anon daily reader)
- *The Language of Letting Go* (daily reader used by meetings of several Anon fellowships)

Although the chapters/topics are not set up for short readings, creative Work-Anon chairs have also used sections of these books to lead meetings:

- *The Big Red Book* (Adult Children of Alcoholics)
- *Paths to Recovery* (Al-Anon)
- *How Al-Anon Works* (Al-Anon)
- *Al-Anon's Twelve Steps and Twelve Traditions* (Al-Anon)
- *Alcoholics Anonymous* (sometimes called the Big Book of AA)
- *Twelve Steps and Twelve Traditions* (AA)

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